

# EASTCHESTER BLUE DEVILS



## 2017 Football Information

### SUMMER SESSIONS FOR TACKLE FOOTBALL

#### (August 1 - September 1)

All practice are held at Haindl Field in Eastchester, NY.

All Practices begin at 6:00 pm and last 1.5 to 2.0 Hours.

#### Week 1: Tues - Thurs (Aug 1 - 3)

Conditioning Practices

(Cleats, Shorts, T-Shirt)

#### Week 2: Mon - Thurs (Aug 7 - 10)

Football Skills & Technique

(Helmets, Cleats, Shorts, T-Shirts)

#### Week 3: Mon - Thurs (Aug 14 - 17)

Thud Drills Blocking & Tackling

(Helmets, Shoulder Pads, Cleats, Shorts, T-shirts)

#### Week 4: Mon - Friday (Aug 21 - 25)

Full Contact Drills

(Full Equipment)

#### Week 5: Mon - Friday (Aug 28 - Sep 1)

Full Contact, Offense, Defense

(Full Equipment)

### IN SEASON FOR TACKLE FOOTBALL

#### (September 4 - November 3)

Practice: Tuesdays, Thursdays & Fridays (@Haindl 6pm)

### GAMES TACKLE FOOTBALL

#### First Game will be Sunday September 10th

Games will be played on Sundays.

All Home Games will be played at Haindl Field.

### FLAG FOOTBALL (AGES 5 - 7)

#### August 14 - August 25

Practice: Tuesdays, Wednesday

Games: Saturday Mornings

*\*All dates and times are subject to change at coach or organizations discretion*

### POP WARNER AGE & WEIGHT

<u>Division</u>	<u>Age</u>	<u>Weight (lbs)</u>
Tiny Mite	5, 6 & 7	35 - 75
Mitey Mite	7, 8 & 9	45 - 100
Jr Pee Wee	8, 9 & 10	60 - 115
Jr Pee Wee*	11	60 - 95
Pee Wee	9, 10 & 11	75 - 130
Pee Wee*	12	75 - 110
Jr. Varsity	10, 11 & 12	90 - 155
Jr. Varsity*	13	90 - 135

*\*The asterisked provisions in each division allow the so-called "older but lighter" player to also qualify. The last year of eligibility falls under more stringent weight restrictions.*

*In Season weekly weight increase of 1 lbs. on Weeks 2, 4, 6, 8 (Max. of 4 lbs.)*

### ROCKLAND COUNTY POP WARNER

Eastchester Blue Devils	New City Rams
Monroe-Woodbury Crusaders	Orangetown Patriots
New Rochelle Purple Wave	Westchester Jets
North Rockland Red Raiders	Valley Cottage Indians
Ramapo/Spring Valley Hornets	Suffern Midget Mounties

### EQUIPMENT

**What we provide:** Helmet, Shoulder Pads, Game Uniform, Practice Jersey, Girdle, Knee Pads, Thigh Pads, Hip Pads & a Mouthpiece.

*No equipment will be distributed until the player is fully registered.*

**What players will need:** Football Cleats, White Integrated Practice Pants.

### FOOTBALL FEES & REFUND POLICY

Tackle Football \$275

Flag Football \$125

*A full refund can be given prior to August 1. From August 1st to August 25th a there will be \$50 administrative fee (to cover spirit pack, equipment cleaning, admin fees). There are no refunds after August 25th.*