



Eastchester Blue Devils

Football Cheerleading Lacrosse

2018 Information Sheet

TACKLE FOOTBALL

Practices are held at Haindl Field in Eastchester beginning at 6:00 pm and lasting 1.5 to 2.0 Hours. Players must be fully registered with all necessary paperwork submitted in order to practice.

PRACTICE REQUIREMENTS

Pop Warner mandates that all players satisfy 10 hours of conditioning/non-contact practice and 10 hours of contact practice prior to participating in any games. Coaching staffs will monitor this closely. The Blue Devils are a very structured program with a heavy emphasis on practice and the repetitive teaching of important skills and safe techniques. In order to be successful players must attend practices in August. Please keep this in mind when planning vacations. Where possible, we recommend scheduling camps and trips in June and July, so as not to conflict with the start of practices. We understand that many families have August commitments. A player will have the chance to make up lost time in August and still enjoy a great season!

SUMMER SESSIONS FOR TACKLE FOOTBALL

August 1 - August 31

**All dates and times are subject to change at coach or organizations discretion*

Week 1: July 30 - August 3

Mon & Tue: Paperwork Drop off & Equipment Distribution

Wed & Thurs: Conditioning Practices (Shorts & T-Shirts)

Week 2: August 6 - August 10

Mon - Thurs: Conditioning Practices (Helmets)

Week 3: August 13 - August 17

Mon - Fri: Thud Practices (Helmets & Shoulder Pads)

Week 4: August 20 - August 24

Mon - Fri: Full Contact Practices (Full Equipment)

Week 5: August 27 - August 31

Mon - Fri: Full Contact Practices (Full Equipment)

IN SEASON PRACTICE FOR TACKLE FOOTBALL (September 3 - November 10)

Tuesdays, Thursdays & Fridays (@Haindl 6pm)

Some levels may have short practices on Saturday

Mornings to prepare for Sunday Games. In Season no team will exceed 6 hours of practice per week.

GAMES TACKLE FOOTBALL

Games will be played on Sundays. Home Games will be played at Haindl Field.

EQUIPMENT

What we provide: Helmet, Shoulder Pads, Game Uniform, Practice Jersey, Girdle, Knee Pads, Thigh Pads and Hip Pads.

No equipment will be distributed until the player is fully registered.

What players will need: Football Cleats, White Integrated Practice Pants, Mouthpiece & Water bottle.

FOOTBALL FEES & REFUND POLICY

Early Registration:	April 1 - May 31	\$275
Regular Registration:	June 1 - July 31	\$300
Late Registration:	After August 1	\$325

A full refund can be given prior to August 1. From August 1st to August 25th a there will be \$50 administrative fee (to cover spirit pack, equipment cleaning, admin fees). There are no refunds after August 25th.

REGISTRATION INFORMATION

All Registration forms for the 2018 Season can be found on our website, www.eastchesterbluedevils.com

The following items are needed for registration:

- 1) Online Registration www.eastchesterbluedevils.com
- 2) Participant Contract & Parental Consent Form
- 3) Physical Fitness & Medical History Form

Section I is completed by the Parent/Guardian

Section II is completed by a Physician ONLY. All

Physicals must be performed and signed in the year 2017.

- 4) Official Birth Certificate **Returning players DO NOT need to bring a Birth Certificate**

- 5) 2017- 2018 full-year school report card* Must include ALL four quarters.